



SEASONAL ROOTS

THANK YOU FOR JOINING THE SEASONAL ROOTS COMMUNITY!

We're so excited you've joined the Seasonal Roots community. We wanted to take this opportunity to give you some more information about what you can expect.

PLACING YOUR WEEKLY ORDERS

Our market is open every week between **2 pm EST on Friday to 11:59 pm on Sunday**. Log into your account to customize or skip your order; if no action is taken, then you will receive your default basket. You'll receive a reminder email on Friday afternoon when the market is open and another on Sunday evening before the market closes. You can change your order any time up until the market closes; just make sure you click "Save and Review" when you're finished customizing your order, and then look out for your confirmation email. Here you can find more information about the online ordering process.

Note: Members can purchase an **unlimited number of Extra items** (while supplies last), like grass-fed dairy, pastured meat and eggs, baked goods, and more. So be sure you take a look under each tab in the Extras section!



WEEKLY DELIVERIES

Wednesday deliveries: Northern Virginia, Fredericksburg, Montgomery County, Maryland

Thursday deliveries: Richmond, Williamsburg, Hampton Roads, Virginia Beach

Your neighborhood Market Manager will deliver your order right to your home or office door. Please leave out a cooler with ice - your Market Manager will place your items in the cooler so that they stay as fresh as possible.



TASTE THE DIFFERENCE

Local produce typically contains a higher nutritional value than supermarket produce. Produce starts to lose nutrients as soon as it's picked. All of our weekly produce offerings are a result of what is being harvested that week; food is delivered to us here in Richmond on Mondays, packed on Tuesdays, and is delivered straight to your door on Wednesday or Thursday - so you know that you're receiving the freshest food possible (plus it tastes better)!

In comparison, most supermarket produce is shipped from states away and is typically at least a week old by the time it hits supermarket shelves. With Seasonal Roots, you can be confident that you are consuming healthy, nutritious food that's good for you, the environment, and our local communities.

